

Adult First Aid/CPR/AED

Ready Reference Content Map

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COURSE TIME FRAME AND TASKS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
*Each quiz must have an 80% pass rate and all activities complete to move on to the next module.					
Week 1 Students will assess risk factors for choking and injury	1: Checking An Injured or Ill Adult	2: Conscious Choking	Research high risk environments for choking and injury	Which environments have higher risks of these incidents?	Module 1 and 2 Quiz
Week 2 Students will support knowledge of hazard prevention	3: Unconscious Choking	Read choking prevention articles #1 and #2 (click on #)	Research the history of The Heimlich Maneuver	Which prevention tips did you find most useful and why?	Module 3 Quiz
Week 3 Students will weigh the historical timeline of CPR techniques	4: CPR - No Breathing	5: AED- Adult or child older than 8 more that 55 lbs (No Breathing)	<u>Read History of CPR</u> from the American Heart Association	Which historical development was most striking and why?	Module 4 and 5 Quiz
Week 4 Students will examine advancements in emergency care over time	5: Controlling External Bleeding	6: Burns Research history of bloodletting	<u>Read History of burns:</u> The past, present, and future	Compare one past and one future burn treatment	Module 5 and 6 Quiz
Week 5 Students will demonstrate understanding of all procedures in the course	7: Poisoning	8: Stroke	Film a reenactment of you following steps from two modules	Submit a peer review of two reenactment videos and course reflection	Module 7 and 8 Quiz

Readings
 Video
 Discussion/Peer Review
 Research
 Quiz

Content Map Key (all reading links embedded and clickable)



"Together We Can Save a Life"